

## Early Childhood Well-Being Resources for ECE Directors in Hampton Roads

Explore the links below to learn about training and coaching opportunities

- [Developmental Milestones Resources for Early Childhood Educators](#) - As an early childhood educator, you are a valuable resource to parents! Learn the Signs. Act Early has training and tools to help you communicate with parents about development.
- [The Hampton Roads Developmental Screening Initiative](#)- Aims to increase understanding and coordinated use of the Ages & Stages (ASQ) developmental screening questionnaire among early childhood experts in Hampton Roads.
- Child Care Aware – [Virginia Shared Services Network](#) – A web-based platform open to all centers and family child care providers offering resources to assist with engaging families, social & emotional supports, teaching resources, training and professional development. Contact [Early Education Business Consultants](#) at **757-618-9218** or [support@earlyeducationbusiness.com](mailto:support@earlyeducationbusiness.com) to learn about a free membership!
- [Square One](#) – Providing professional development training to those who work with children ages 0- 8 and their families.
- [Children's Harbor Community Training Program](#) – Providing quality professional development experiences to ECE providers. [Provider Training Series](#) Contact: [training@childrensharbor.cc](mailto:training@childrensharbor.cc)
- [Professional Development Training list](#) - an extensive list of agencies and organizations currently offering training in the Hampton Roads region.
- [Tidewater Training and Technical Assistance Center](#) (TTAC) – T-TAC ODU improves educational opportunities for children with developmental delays and disabilities including individuals with intellectual disabilities (through age 21). T-TAC ODU also provides training and support to teachers regarding assistive technology that will assist students with communication needs and provide access to the general education curriculum.
- [Early Education Business Consultants](#)- Training early childhood leaders on best business practices.
- [Unified Virginia Quality Birth to Five System](#) (VQB5) - Support for publicly-funded providers who are participating in practice years 1 and 2. Contact Kristen Carter to learn more: [CarterKJ@evms.edu](mailto:CarterKJ@evms.edu).

### **There are also supports for more intensive interventions**

**Start by contacting VA's early intervention program or mental health consultation:**

- [The Virginia Infant & Toddler Specialist Network](#) (VA- ITSN) - Through training, child care providers will learn how to encourage infants and toddlers to express and regulate emotions, solve problems, develop positive relationships and focus on tasks. [Click here](#) to request training (All services are provided within the child's natural environment. We will team with the family to develop interventions that will work as part of their everyday routines and activities).
  - Eastern Region- contact Children's Harbor at **757-399-1337**
  - Peninsula Region- contact Center for Child & Family Services- **757-229-7940**
- VA ITSN also has [Infant and Toddler Mental Health Consultants](#) across the state who support excellence in early care through promotion, prevention, and intervention strategies designed to foster social emotional development and mental wellness. Contact for Eastern Region: **757- 345-5376**
- [Virginia Early Childhood Mental Health Consultation](#) - If you need extra support to address challenging behaviors, have concerns about a child's social-emotional well-being, and/or regularly remove a child from the learning environment, please contact us.  
**CALL:** (757)208-0288 | **EMAIL:** [eashaj@cdr.org](mailto:eashaj@cdr.org) | **Referral form:** <https://bit.ly/3vH6Z5r>

## Resources for extreme behavioral challenges that have not been resolved with supports listed above

- [CHKD - Care Connection](#) - CHKD Care Connection supports children with special needs by providing services that are family centered, culturally sensitive, community-based, coordinated, collaborative and outcome-oriented. **(757) 668-7132**
- [CHKD Mental Health Hospital](#)- CHKD's Mental Health Program includes experts in the fields of child psychiatry, psychology, licensed clinical social work and licensed professional counseling. We strive to collaborate closely with primary care pediatricians, pediatric specialists and caregivers on early identification of mental health vulnerabilities.

**Contact: 757- 668-4673 (HOPE)**

- [Kempsville Center for Behavioral Health](#)- provides inpatient hospitalization for children and teens, ages 4 to 18, who are in a mental health crisis. Following an initial assessment and crisis stabilization, our staff, develops individualized treatment programs for each patient. **Contact: 757-461-4565**
- **Community Services Board:** Mental health case management, community programs, skill building, psychiatric care, therapy (all insurance status):  
[Chesapeake Integrated Behavioral Healthcare](#) (CIBH) - **757-547-9334**  
[Norfolk Community Services Board](#)- **757-756-5600**  
[Portsmouth Behavioral Healthcare](#)- **757-393-5357 / 757-393-8618**  
[Virginia Beach Child & Youth Behavioral Health Services](#) – **757- 385-0850**  
[Western Tidewater](#) - **757-758-5106**
- **The James Barry Robinson Institute (JBRI) Child & Family Therapy** outpatient services. Therapists specialize in the following starting at age 2:  
Behavior Challenges/Autism Spectrum Disorders/Attention & Hyperactivity / Impulse Control/  
Parent-Child Relationships

For questions and/or if you would like to reach out to them for clinical services call **757-524-5585** or email [jbrioutpatient@barryrobinson.org](mailto:jbrioutpatient@barryrobinson.org)

Refer a child by [clicking here](#)

- [Resources757](#)- Resources in the Hampton Roads area, including housing, food, individual and family support, health care, GED and education and much more. Look for the mental health icon to find support for you, your family, or an individual in need.

