

Ask About Aspirin

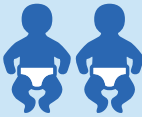
as a primary prevention against
maternal heart disease

If

you have any of
these risk factors



History of
high blood
pressure



Pregnant with
more than
one baby



Diabetes



Age <18, >35



Kidney disease



Obesity
BMI > 30

Talk

to your
provider
about taking
**prenatal
aspirin**



Ask your healthcare provider
before starting or stopping any
medication, including aspirin.



CardinalCare
Virginia's Medicaid Program



**SCAN
ME!**



<https://tinyurl.com/about-aspirin>