

Basic CACFP Requirements

Child care programs must apply to participate.

Only meals and snacks that meet USDA nutrition requirements are reimbursable.

Child care programs must keep records, such as family income forms, enrollment, attendance, number and type of meals served, menus, etc.

Child care programs must participate in training and monitoring visits with VDH or with an approved sponsoring organization to learn best practices and CACFP guidelines.

For More Information

In Virginia, the CACFP for child care programs is administered by the Virginia Department of Health (VDH). Learn more about CACFP:

Help Desk: (877) 618-7282

Email: CACFP@vdh.virginia.gov

Website: www.vdhlivewell.com/cacfp

Virginia CACFP Sponsors Association is another CACFP resource. To locate a local sponsoring organization or learn more about CACFP, visit:

www.vachildcarefoodprogram.org



Your local CACFP sponsoring organization can help.

The Planning Council
2551 Eltham Ave, Suite I
Norfolk, Va 23513
(757) 622-9268 ext. 3022
madams@theplanningcouncil.org

For more information, contact:

Minus 9to5
(757) 446-7434
GlasgoJE@evms.edu

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Healthy Child Care Starts With CACFP!



Your child care center may be eligible for reimbursements for serving healthy meals and snacks.

Learn more!





Child and Adult Care Food Program (CACFP)

Do you direct or own a child care center?

Would you like help providing nutritious meals and snacks to children in your program?

Virginia's Child and Adult Care Food Program (CACFP) is a federal program that provides reimbursements for nutritious meals and snacks served to eligible children who are enrolled in participating child care centers.

Centers can apply and participate in CACFP through the Virginia Department of Health or with the support of an approved CACFP Sponsoring Organization.



CACFP Benefits for Child Care Centers

- CACFP reimbursements help cover the cost of healthy foods for children.
- Children develop healthy eating habits.
- Parents like knowing their children are eating healthy meals and snacks.
- Centers receive free training and nutrition resources.

CACFP Reimbursements

Reimbursements vary, and are based on many factors, such as how many children are in care, family-household income of children, the number and kinds of meals served, etc.

CACFP reimburses centers at free, reduced-price, or paid rates for meals and snacks served, targeting CACFP benefits to those children in most economic need.

Potential Monthly Reimbursement Examples; 20 days of care, 2 meals, 1 snack daily	
20 children at different reimbursement rates	Monthly Reimbursement
15 children @ FREE 3 children @ REDUCED 2 children @ PAID	\$2,282.00
10 children @ FREE 10 children @ PAID	\$1,475.00
2 children @ FREE 3 children @ REDUCED 15 children @ PAID	\$857.00

CACFP Meal Requirements

CACFP meals and snacks must meet USDA nutrition requirements to ensure children benefit from a healthy diet. Centers receive training and resources to make sure they understand CACFP nutrition requirements.

Breakfast must include milk, fruit or vegetable, and grain such as bread, pancakes, cereal, etc.

Lunch and Supper must include milk, grain such as bread, pasta, rice, etc., meat or meat alternate such as fish, cheese or beans, and vegetables/fruit.

Snacks must include at least two of the following: milk, meat or meat alternate, grain, vegetable or fruit.

Eligible Child Care Centers

- Licensed, or approved non-profit; or
- Licensed, or approved for-profit where 25% of children are from low-income homes; or
- Religious exempt, approved to accept child care subsidy; or
- Head Start

